

THE ALPS HOT LIST
40 COOL & CLASSIC
ADVENTURES

Get Fit for
SPRING!
Winter Workouts,
Maximum Results

FEBRUARY 2006
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Outdoor

THE U.S. SKI TEAM'S

Return to Glory

How a Band of Winter
Warriors Became the
Best in the World

STARRING
***Bode
Miller**

Let's Go: **SYRIA!**

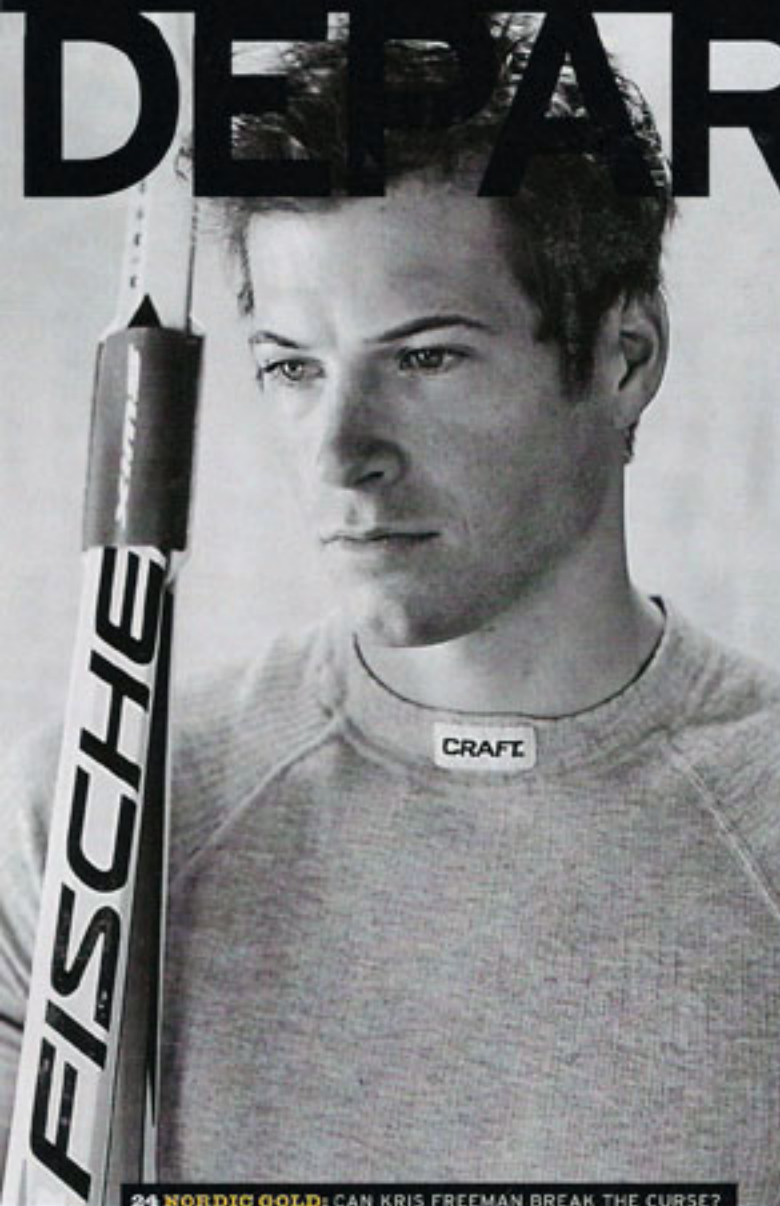
Learn to Love Thine Enemy
(Before the Missiles Fly)

The Maverick
Who's Demolishing
Downhill Skiing

12 BREAKTHROUGH FLEECE JACKETS
» DEAD DROP: BASE Jumping's Riskiest Stunt



DEPARTMENTS

24 **NORDIC GOLD:** CAN KRIS FREEMAN BREAK THE CURSE?

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20 **ICE CUBE:** THE SNOW SHOW HITS TURIN.20 **CARBON DATE:** FASHION THAT'S FIREPROOF.

19 DISPATCHES

20 THE GO LIST: Aspen (the bar) invades Manhattan; round-the-clock ski racing at **24 HOURS OF SUNLIGHT**; carbon-fiber street duds; and more.

23 All hail the debut of America's newest stage race: the thrilling, grueling, and odds-defying **TOUR OF CALIFORNIA**.

24 BILL MCKIBBEN explains how supertough diabetic athlete **KRIS FREEMAN** could win the United States its first nordic-skiing medal since 1976.

26 Team Turin: Our guide to the U.S. stars in the **2006 WINTER OLYMPICS**, including snowboarder Shaun White, badass bobsledder Todd Hays, and short-track speed-skating star Apolo Anton-Olino.

31 Wanna **RIDE A BOBSLED**? Sling some curling rocks? We tell you where to try your favorite Olympic events.

32 Pop open a bottle of **SAKE**: Japan's favorite libation tastes great, spares you a hangover (usually), and wards off sunburn.

34 In *Eat, Pray, Love*, **ELIZABETH GILBERT** makes the ultimate epicurean odyssey; Erik Reece pops the top on summit-removal mining in *Lost Mountain*; and more.

35 Disney's *Eight Below* chronicles the true saga of a brave sled-dog team **FIGHTING FOR SURVIVAL** in the Antarctic.

37 **THE WILD FILE** explains why we cook with white gas, debunks the alleged health benefits of drinking urine, and shares the secrets of long-lived plants.

39 REVIEW

FLEECE JACKETS are getting a new image from fresh technology and cutting-edge designers, turning frumpy old fuzz into hot and stylish layers.

44 BODYWORK

Skiers and boarders, take note: To make a **SMOOTH TRANSITION** to warm-weather sports, you'll want to mix smart workouts with your powder days. Get tuned with a tailored regimen from former U.S. Ski Team coach Steve Higgins.

PLUS: THE PULSE explores the positive power of anger, the latest on training at altitude, lies for weight loss, and what's in **CHRIS CARMICHAEL**'s powerful yellow pepper soup.

51 OUT THERE

With action sports at critical mass, kids on bikes and boards are making millions. But who makes the deals that make them rich? Meet Steve Astephen, the SoCal **SUPERAGENT** who keeps clients' caffeine-fueled dreams alive. BY JOSH DEAN

THE GO LIST



ICE BABY

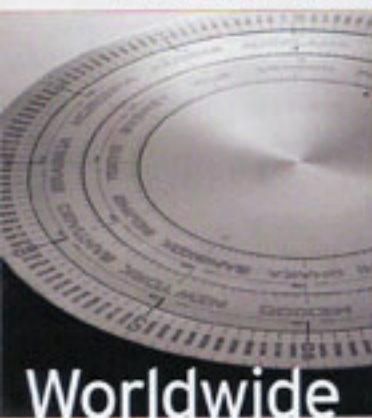
Doing for igloos what Frank Gehry did for the cube, **THE SNOW SHOW**, February 6-March 19, brings artists and architects to Olympic host town Sestriere, Italy, with a mission to transform ice and snow into MOMA-worthy installations. Last year's show, in Lapland, Finland, produced works like Yoko Ono and Arata Isozaki's *Penal Colony*, pictured at left. www.thesnowshow.com

February 11-12, 400 skiers will skin backcountry style to the top of Glenwood Springs, Colorado's Sunlight Mountain Resort, blitz the descent, then turn around and do it again—and again—for 24 hours straight. The lung-busting **24 HOURS OF SUNLIGHT** race will likely see several people break the world record for the most man-powered vertical feet skied in a day—currently 40,182. www.24hoursofsunlight.com

Travel to **ASPEN** by subway: The new bar in New York City's Flatiron District uses barn wood, birch tree murals, and fake deer heads to replicate a seventies-era ski lodge at 30 West 22nd Street. Communal tables and a freestanding fireplace round out the feel, and patrons can even go gonzo in a room dedicated to Aspen legend Hunter S. Thompson. Alas, the only consistent powder in the city comes in little plastic baggies. Open nightly until 4 a.m.; 212-645-5040

After taking top honors at the Bombay Sapphire Design Discovery Awards with his 21-inch-diameter **PI WORLD TIME CLOCK**, Australian designer Lucas Chirnside will offer a limited-edition, scaled-down (to five inches) version of the brushed-aluminum timepiece. The clock's four concentric rings keep tabs on 24 of the world's time zones in a rotating play between hours, minutes, and geographic locations. Price upon inquiry; lucaschirnside@fastmail.fm

Carbon fiber in your skis or bike frame, sure. But in your hoodie? New York high-fashion label **SERUM VERSUS VENOM** weaves the stuff of stealth bombers into fireproof streetwear for its new A Form of War Collection. The line of jackets and pullovers also features bamboo-, corn-, and soy-based blends, so you can be stylish, safe, and sustainable. Your fashion statement won't come cheap, though; prices start at \$1,100. www.svsv.net



Worldwide



Most travel insurance reimburses for emergency medical expenses. But you're usually on your own when trying to line up help in the first place. The new, Boston-based **GLOBAL RESCUE** offers round-the-clock medical consultation, access to Johns Hopkins's worldwide network of rescue personnel and English-speaking doctors, and, should you need it, transport back home, aboard a Gulfstream G300 jet. From \$329 a year; www.globalrescue.com